



# Cape Cod Cycling Club

*"All Kinds of Cycling for All Kinds of People"*

## April 2024 Newsletter

Hi Folks,

I'm just getting back from Hyannis and participation in the 1st Annual Pedalpalooza event as I start this month's newsletter. This was a fun, companion event to fall's Second Summer Cycle featuring dozens of indoor bikes and instructor-led 25-minute spin classes. The beneficiary was the Youth Athletic Foundation. I was joined by Erin Lynch, Phil Kirby, and Kim Pzegeo and we managed to fill all 6 slots on our team! Pat Lentell indicated that about \$2000 was raised!



The second club meeting of the year was held on Thursday, April 4th at the Portside Tavern in Hyannis with about 15 attendees, including most of the board. The full meeting minutes should be attached here, so I'll just pick out some highlights and more timely events.

**Ride Start Dates:** Group rides are planned to start in the first week of May, so pencil in May 6th for the Craigville Beach "Beginner and Social Ride" and May 2nd (the prior Thursday) for the Thursday Night Kalmus Beach ride! If the weather and sunlight permit, feel free to post on Facebook if you're willing to lead either ride sooner, but these dates are the committed ones where we hope to have numerous ride leaders for different speed groups. The club calendar on the website should be updated with all the rides!

**Last Minute Update:** Both the upcoming club memorial rides listed in the next two sections have had BikeReg pages created. As of "press time", these pages were still awaiting approval by

BikeReg staff. We're just putting these out there to try to get accurate counts and ensure that waivers are signed. These are available for forwarding to "guest" (non-member) riders, but these rides won't appear on BikeReg's normal event pages. Please have some patience while these get approved by BikeReg. These event pages will be updated with routes and categories in the near future.

**Larry's Ride:** This ride is also scheduled for Sunday, May 5th. We'll leave from the Mashpee High School parking lot at 7:30AM. We're doing our best to schedule these rides around other events and holiday weekends. Please join us if you can for this scenic ride to Woods Hole and back! If you'd like to volunteer ahead of time to lead a speed group, please let the club know.

<https://www.bikereg.com/larry-gray-ride>

**Jack Harrison / C4 Memorial Ride:** We've scheduled this ride for Sunday, June 9th. Again, this will be an 8AM start time leaving from the Yarmouth Rail Trail parking lot. We'll publish some suggested routes for different distances and, again, ride leaders are encouraged to reach out to the club with your commitments for speed and distance. We hope to have a century, metric century, and possibly a half-metric mapped out. This is an unsupported ride, so please come prepared. Also note that not all speed groups are guaranteed to be no-drop.

<https://www.bikereg.com/jack-harrison--c4-memorial-ride>

**Scholarship:** The scholarship deadline closed on April 1st with 11 applicants. The plan right now is to give two \$500 scholarships. We have a review committee and can hopefully get through the difficult process of picking two worth recipients. If possible, we'll present the recipients at the next club meeting (May 16th).

**Sponsors:** Many sponsors have paid, but a few reminders will go out this week.

**Kit/Race Credits:** Checks should be going out this week for those that reported and were eligible for kit credits!

As always, if you have questions, concerns or comments that you'd like to bring to the club's attention, please contact the [club email](#) or [mine](#) directly.

See you out there soon!

Doug

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### Upcoming Rides / Events:

Best Buddies Cape Training Ride – <https://www.bikereg.com/best-buddies-hp-training-ride-1>

Best Buddies Training Ride 2 – <https://www.bikereg.com/best-buddies-hp-training-ride-1>

Mix Tape – <https://www.bikereg.com/themixtape> (reg closed)

Secret Squirrel – <https://www.bikereg.com/secretmtb>

Larry's Ride - Mashpee High - May 5th, 7:30AM

Jack Harrison / C4 Memorial Ride - Yarmouth Rail Trail lot - June 9th, 8AM

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### 2024 C4 Board of Directors

Doug Hempel - President  
Kim Pzegeo - Treasurer  
Alicia Furrer - Secretary  
Richard Poire - Director  
Michele Kjoller - Director  
Phil Kirby - Director  
Jamie Cook - Director

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**Our mailing address is:**

Cape Cod Cycling Club  
P.O. Box 2514  
Hyannis, MA 02601

**Attachments:**

<https://www.bikereg.com/BR/a/18805/2024-04-04-C4-Club-Meeting.docx>

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