



Cape Cod Cycling Club

"All Kinds of Cycling for All Kinds of People"


Summer 2024 Newsletter

Hi Folks,

I hope everyone has been able to enjoy the mostly nice (although hot lately) weather and has been able to get out with groups, friends or even some solo riding. We typically skip the summer in-person meetings. The board has been in contact via email and decided to forego the June meeting due to a recent May meeting. We skip July because it always falls around the Independence Day holiday and has been tough to coordinate in years past. That said, here's a quick summer update with some info the board would like to pass along.

Club Rides: Rides have generally been well-attended. Mondays have almost been too busy with up to 40 rider showing up a few weeks ago. We've taken to breaking up into smaller groups thanks to a bunch of support from long-time members who have been helping out on a regular basis. I'm going to forget someone, but thanks to Aliicia, Dwight, Kathleen, Phil and Rob for the regular Monday night help. Thursday nights have been good although we've had to dodge some holiday and weather events (and a fox) the last few weeks. Please always make a last-minute check of Facebook for any updates related to weather. With this hot and humid weather, pop-up afternoon storms are common and come on quickly. (The photo below was only PART of the group that 40+ rider night!)





Club Numbers: Savings and checking accounts are both looking good, although we're still missing about \$1000 in sponsor dollars. If you'd like a more detailed breakdown, please reach out to the club email address and we can pass along or share the exact numbers. If you're a sponsor reading this and still haven't paid for the year, please do so soon. BikeReg says we have 126 members and sponsors who will receive this email. I think those are about normal historically.

Other Rides: Thanks again to those who have helped out with other rides during the week. I know the Sunday Mashpee ride has gone off a couple of times the last few months (Dwight, Kathleen and Kurt) and seems to be well-attended. BikeZone rides on Tuesdays and SeaSports on Wednesday (at least for road rides). I have a standing conflict on Tuesdays, but have been to a couple of the other rides and they have picked up riders pretty steadily.

Race Update: It seems like I might have misplaced updates from the Race Team, but I know the Hyannis Tri was well-attended as I was a volunteer that day. I believe the Falmouth Tri just happened this past weekend, Hyannis 2 is on the horizon and cyclocross season isn't that far away? I hope you're all enjoying this years Tour de France as well, although it's been less exciting (in my opinion) than the past few years.

Next Meeting: Thursday, August 1, 2024 at the Portside Tavern (upstairs) in Hyannis. Time TBD pending weather and if there's a ride that night.

2025 Board: Reminder that we're rapidly approaching the time of year where we'd need to nominate board members for next year. I'd also suggest that having "competition" for board ***and*** officer positions is a good thing and shows a healthy interest in the club and a spirit of "helping out". Please consider submitting a nomination for yourself or for someone you've spoken to and identified as a good candidate. We really need people willing to be active, take on some of the overall tasks of running the club (Facebook, website, etc.), and just be willing to help out (even when not asked).

Merchandise: A reminder that we still have quite a bit of C4 physical merchandise for sale. We're trying to keep [the store on the website](#) up to date, but know that we should still have some 10th Anniversary Baseball Hats, 10th Anniversary Visors, five C4 Baseball Hats, and C4 Beanie caps for sale. Never too early to shop for the holidays?

One Extra Plug: Best Buddies has been running a Summer Series this year featuring themed rides around New England. I participated in the "Lighthouses Ride" and had a great time traveling around Cape Ann a few weeks ago and seeing at least a half-dozen different lighthouses surrounding that peninsula. Coming up in two weekends in southern New Hampshire is the Covered Bridges Ride (<https://www.bikereg.com/best-buddies-covered-bridge-ride>). Cost is reasonable \$15 for either round (40 or 25) and supports the mission of Best Buddies.

I'll keep this relatively short and sweet and let you get back to your summer beach reads. As always, if you have items for the board, please email capecodcyclingclub@gmail.com.

Stay Cool!

Doug

Upcoming Rides and Events

July 27th – Best Buddies Covered Bridges – <https://www.bikereg.com/best-buddies-covered-bridge-ride>

August 18th – Falmouth Road Race – **VOLUNTEERS NEEDED**

August 18th - Cycle Against Suicide – <https://www.bikereg.com/cycle-against-suicide-pilgrim-tour>

September 15th – Second Summer Cycle – <https://www.bikereg.com/63117>
September 15th – Habitat for Humanity Ride for Homes – <http://habitatcapecod.org/ride-for-homes>
September 27-29 – Lung Association Ride – [https://action.lung.org/site/TR?
fr_id=25689&pg=entry](https://action.lung.org/site/TR?fr_id=25689&pg=entry)

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2024 C4 Board of Directors

Doug Hempel - President
Kim Pzegeo - Treasurer
Alicia Furrer - Secretary
Richard Poire - Director
Michele Kjoller - Director
Phil Kirby - Director
Jamie Cook - Director

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Our mailing address is:

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